

**Peter K. Chiang, MD**  
**Cataract Surgery Discharge Orders**

Diet: Resume your normal diet

Medications: Resume your normal medications

Starting tomorrow morning, use the following drops in the  
(right / left) eye.

One drop of **Prednisolone and Ketorolac** 4 times a day for 1 week,  
then 2 times a day for another 3 weeks. (please shake the bottles well  
before using).

Activity: Avoid heavy lifting (over 25 lbs.), running, jumping, strenuous  
activity, vigorous eye rubbing, or eye make-up for the next 3 days.  
No swimming for 1 week. You can shower or bathe immediately.  
Remove the eye shield tomorrow morning.  
Keep the eye shield and tape the shield to the (right / left) eye while  
sleeping for 1 week.  
Do not drive or operate machinery until the tomorrow.

Follow-up: **Come to the Ocean(Wanamassa) office tomorrow:**

Date:\_\_\_\_\_ Time:\_\_\_\_\_ or your scheduled time

Comments: Call the office (732-988-4000) if you have any questions or problems.

\_\_\_\_\_  
Peter K. Chiang, MD

I hereby accept, understand, and can verbalize these instructions.

Patient/Responsible Adult Signature\_\_\_\_\_

Nurse's Signature\_\_\_\_\_ Date:\_\_\_\_\_