

Peter K. Chiang MD

Cataract Surgery Discharge Instructions

Diet: Resume your normal diet

Medications: Resume your normal medications.

Starting tomorrow morning, use one drop of **Prednisolone(shake well) and Ketorolac** in the (right / left) eye three times a day for one week, then once a day for another 3 weeks.

Activity: Avoid heavy lifting (over 25lbs.), bending, high-impact activities, eye rubbing or eye make-up for the next 3 days.

No swimming for one week.

Remove eye shield tomorrow morning.

Your vision will be blurry or cloudy for a few days. This is normal after surgery. Do not drive or operate machinery for 24 hours or until you feel comfortable.

Follow Up: Come to the Ocean (Wanamassa) Office at 3333 Fairmont Ave, Ocean, NJ, tomorrow @ _____

Call the office **732-988-4000** if you have any questions or concerns.

Doctor _____ Date/Time _____

I hereby accept, understand and can verbalize these instructions.

Patient/Representative _____

Discharge Nurse _____ Date/Time _____