

Peter K. Chiang MD

Cataract Surgery Discharge Instructions

Diet: Resume your normal diet

Medications: Resume your normal medications.

Starting tomorrow morning, use one drop of **Inveltys** once a day in the (right / left) for 4 weeks (Shake bottle well).

Activity: Avoid heavy lifting (over 25lbs.), bending, high-impact activities, eye rubbing or eye make-up for the next 3 days.

Remove eye shield tomorrow morning. Keep the eye shield & tape the shield to the (right / left) eye while sleeping for 1 week.

Your vision will be blurry or cloudy for a few days and you may see dark spots or floaters in the vision. This is normal after surgery. Do not drive or operate machinery until tomorrow or when you feel comfortable.

Follow Up: Come to the Ocean (Wanamassa) Office at 3333 Fairmont Ave, Ocean, NJ, tomorrow @ _____

Call the office **732-988-4000** if you have any questions or concerns.

Doctor _____ Date/Time _____

I hereby accept, understand and can verbalize these instructions.

Patient/Representative _____

Discharge Nurse _____ Date/Time _____